Saint Mary of the Immaculate Conception & St. Joseph Catholic Church

St. Mary Parish

837 Parkview Dr. Milton, WI 53563



Phone: 608-868-3337 **After Hours Emergencies:** 608-868-2338 Fax: 608-868-3345 Website: www.saintmarymilton.org Parish Email: stmarymilton@gmail.com Pastor: Fr. David Wanish **\*** 608-868-3338 David.wanish@madisondiocese.org **Business Administrator/ Cemetery Sales & Inquiries:** Vicki Kersten **\***608-868-3337 victoria.kersten1@gmail.com Faith Formation Administrator: Sabrina Elsen **\*** 608-868-3334 sabrina.elsen1@gmail.com **Faith Formation Admin Assistant:** Jackie Riesterer **\***608-868-3336 jackie.riesterer1@gmail.com Music Coordinator: Doreen Houge \*608-868-3335 doreen.houge1@gmail.com Liturgy Coordinator: Lisa Meyers **\*** 608-868-3335 lisa.meyers.sm@gmail.com Becky Kreier \* 608-868-3335 becky.kreier1@gmail.com

Seventh Sunday in Ordinary Time February 19, 2023

St. Joseph Parish

590 S. Saint Joseph Circle Edgerton, WI 53534



608-884-3038 Phone: Website: www.stjoeedgerton.org Pastor: Fr. David Wanish 608-884-3038, Option 4 David.wanish@madisondiocese.org **Business Administrator:** Laura Kisting 608-884-3038, Option 1 admin@stjoeedgerton.org **Coordinator of Faith Formation:** Kim Jensen 608-884-3038, Option 2 cre@stjoeedgerton.org **Director of Facilities & Maintenance:** Ion Peterson 608-884-3038. Option 3 **Evangelization Coordinator:** 608-884-3038, Option 4 ec@stjoeedgerton.org

Masses This Week				
Sat. Feb. 18	4:00 p.m.	(St. Joseph) Dan Lorenzen		
	5:45 p.m.			
Sun. Feb. 19	8:30 a.m.			
	10:30 a.m.	(St. Joseph) Roger and Betty Saunders		
Mon. Feb. 20		No Mass		
Tues. Feb. 21	8:30 a.m.	(St. Mary) <i>Jim Garbe</i>		
Wed. Feb. 22		ASH WEDNESDAY		
		Mass with Ashes:		
	8:30 a.m.	(St. Mary) Harry, Alice and Darlene Bowring		
	6:30 p.m.	(St. Joseph) <i>Lou Hanauska</i>		
		Ash Liturgy Only:		
	4:00 p.m.	(St. Joseph)		
	4:30 p.m.	(St. Mary)		
Thurs. Feb. 23	8:00 a.m.	(St. Joseph) Yvonne Bleser		
Fri. Feb. 24	8:00 a.m.			
FII. FED. 24	0.00 a.III.	(St. Joseph) Jumes Zennicku		
Sat. Feb. 25	4:00 p.m.	(St. Joseph) St. Joseph & St. Mary Parishioners		
	5:45 p.m.	(St. Mary) Mary Fiedler		
Sun. Feb. 26	8:30 a.m.	(St. Mary) Hanauska & Kennedy Families		
	10:30 a.m.	(St. Joseph) Deceased Members of St. Joseph Knights		
		of Columbus		

#### All Masses are in-person

#### Live-streaming available:

- St. Joseph on Saturday at 4:00 p.m.
- St. Mary on Sunday at 8:30 a.m.



## Join us on Facebook to view Mass streaming live (access available from each parish website):

- St. Mary: <u>www.saintmarymilton.org</u>
- St. Joseph: <u>www.stjoeedgerton.org</u>

#### Pray for the Sick

Please keep these parishioners and family members in your prayers:

**Delores** Alm Dorothy & Ken Bomkamp William Burdick William Butzke Frank Daniels Joyce DeMott Carole Evans Pat Finucan Esther Folk Jane Folk Elizabeth Frye Anna Furlano lim Furlano Helen Goerke Lvnette Hammil Jared Hanson Duane Hendricks **Bud Hoff** Nick Hoff Bill Hupp Don Hying Trish Jarzynski Marion Kaiser Barb Keefe Matt Keller

Kathleen Knight Keith Korell Jeff Kraus Loren Krueger Mary Ann Langer Lisa Mevers Lillian Moreno Mary Kay Mullen **Bob Murphy** MVA Dorothy Nelson Scot Nelson Jeffrey Pipitone **Bill Rice** Diana Riesterer Don Roberts Rob Rosa Mike Ryder Rosemary Schafer Kathy Trimberger David Sperger Paul Warren Ron Yoss

#### Stewardship: A Way of Life

7th Sunday in Ordinary Time

"But I say to you, love your enemies and pray for those who persecute you..."

#### Matthew 5:44

Love your enemies, easier than done. said But. remember, the foundation of stewardship is prayer. When close we are in communication with God, it opens our heart and it turns attention away from our "me" and moves it toward God and others. It changes our heart and actions. allowing for a little more empathy for "my enemy". When we pray for others, even our enemies, it may soften their hearts as well.

**WORD OF LIFE:** "We often assume parenthood happens easily after 'I Life' do', but for many married couples, it does not. For some, the joy of conception never happens. Others suffer repeated miscarriages. Still others

experience secondary infertility...If you experience difficulty bringing a child into your family, know that you are not alone. God is with you, and his Church desires to walk with you... God has a beautiful plan for your life as a married couple."

USCCB Secretariat of Pro-Life Activities

Respect



Envelopes

Offertory

Total

**On-Line Giving** 

Weekly Income Needs

Thank you for your continued

financial support of our parish!

If you would like to contribute

electronically, please sign up at

https://giving.parishsoft.com/

## This Week at St. Joseph

#### Sun. Feb. 19:

- 9:00 a.m. Teen Formation
- 10:30 a.m. Junior Disciples
- 11:30 a.m. Confessions

#### Mon. Feb. 20:

- 10:00 a.m. The Chosen Small Group
- 6:00 p.m. Conversion Small Group
- 6:30 p.m. The Chosen Small Group **Tues. Feb. 21:**
- 6:00 p.m. Amazed & Afraid Small Group Wed. Feb. 22:
- 3:30 p.m. Faith Formation Gr 1-5
- 6:30 p.m. Faith Formation Gr 6-9 **Thurs. Feb. 23:**
- 6:30 p.m. Stations of the Cross
- 6:30 p.m. Lent & Easter Wisdom **Fri. Feb. 24:**
- 4:30 p.m. Fish Fry
- Sat. Feb. 25:
- 8:00 a.m. Rosary Cenacles of Life **Sun. Feb. 26:**
- 10:30 a.m. Junior Disciples



<sup>7</sup> Please keep these parishioners and family members in your prayers.

Gracie Fran Barrett Lois Bongle Betty Bosben John Bovard Larry Burns Joan Chesmore Pat Chiumenti Donna Dahl Sue Dahms Grace Farrington Judy Fugate Lynsey Gruna Rosie Hatlen Linda Hatton Julie Hoff Christian Kelsey Robert Koch John Kociolek Annanell Krausse Annette Nagle Jeanne N. Maureen Plautz John & Mary Pratt Elliot Rademacher Bill Schultz Bob (Seamons) Siemienkowicz George Stanek Jacinta Tinoco Serrano S. Severson Sonja P. Pat Spray Eugene Sutcliffe Darnell Ziegler



2.748.00

1,889.00

5.171.00

5.150.00

534.00

app/giving/stjoeedgerton **Baptism:** Scheduled after weekend Masses. Baptismal Preparation Class is required. They are offered the first Sunday of March, July, and November after 10:30 a.m. Mass **Marriage:** Please contact the priest at least 6 months prior to the wedding date.

Financial Stewardship

**Collection from February 12, 2023** 

**Reconciliation:** Every Saturday at 3:15 pm before 4:00 pm Mass and the second and third Sunday after 10:30 am Mass.



Financially Speaking

Collection From Last Week (February 12, 2023)

7,788.00
2,696.00
115.00
720.00

#### **Fiscal Year-To-Date Contributions**

YTD Envelopes & ACH	268,700.00
YTD Offertory	5,166.28

#### Collection from last year (February 13, 2022)

,
3,540.00
83.00
630.00

#### THANK YOU FOR YOUR CONTINUED SUPPORT OF OUR PARISH!

## This Week at St. Mary Parish

#### Sun. Feb. 19:

- 8:15-2:15 p.m. Confirmation with sponsors meeting
- 8:30 a.m. Seeds
- 9:30 a.m. Little Black Book Small Group
- 9:30 a.m. A Biblical Walk Through Mass Small Group

#### Tues. Feb. 21:

- 4:00 p.m. K-6 class
- 5:00 p.m. Confessions
- 6:15 p.m. Pastoral Council

#### Wed. Feb. 22:

• 4:00 p.m. K-6 Class

#### Sun. Feb. 26:

- 8:30 a.m. Seeds
- 9:30 a.m. Little Black Book Small Group
- 9:30 a.m. A Biblical Walk Through Mass Small Group

In Sympathy:

Heartfelt sympathy to the family and friends of those who died recently.

- Barbara Anderson
- Maria Paula Lang
- Ellie Risch

**ROSARY AT ST. MARY ON MONDAY** MORNINGS: The rosary will be said outside by Our Lady (corner of Parkview and St. Mary St.) at 11:00 a.m.. weather permitting. Time commitment is only 15 minutes. Please bring your own chair. If raining or other bad weather, we will meet inside church. The rosary is also recited immediately following Mass every Tuesday and Wednesday. On Wednesday we follow the rosary with Divine Mercy Chaplet. Won't you join us?

**THE CHOSEN – Small Group Discussion:** Our Small Group program, "The Chosen," begins on February 20<sup>th</sup>. We will use Season 3 of this critically acclaimed program as

the basis for our walk with Jesus. Whether you have seen all three seasons or none, please join us on February 20<sup>th</sup> as we revisit Seasons 1 and 2 and learn how Jesus came to call each of his disciples. After



a week break, we will resume on March 6 and work our way through the eight episodes of Season 3. We will meet on Mondays at 10:00 a.m. and 6:30 p.m. in the church hall at St. Joseph. We'll watch an episode, discuss the Scripture the episode is based on and what implications this has in our lives. This is open to everyone. Please feel free to bring your own beverage and snacks.

**BAPTISM PREPARATION CLASS AT ST. JOSEPH:** Before the celebration of baptism, the Church expects



parents and sponsors to be formed in the meaning of the Sacrament as well as its responsibilities (Canon 851). St. Joseph offers preparation classes

three times a year. The next class will be Sunday, March 5 after 10:30 a.m.

Mass. Please call the office to register, 608-884-3038.

**LITTLE BLACK BOOKS FOR LENT:** Daily reflections to help you on your Lenten journey walking through some of the parables of Jesus. LENT BEGINS THIS WEDNESDAY, FEBRUARY 22. Six minutes a day...that's what you're asked to give for 40 days.

**ST. MARY SPRING ONLINE AUCTION:** We will once again hold a spring online auction at St. Mary. Watch the upcoming bulletins for more information!

> "Gratification comes in the doing, not in the results." James Dean

**40 CANS FOR 40 DAYS AT ST. MARY:** Beginning Ash Wednesday (February 22), St. Mary Knights of Columbus will again collect 40 Cans for 40 Days. All food donations will go to the Milton Food Pantry. The last day for collection is Good Friday. Alms for those with greater needs than our own. Thank-you in advance for your generosity.

**RETIREMENT** SAVINGS & **DISTRIBUTION PLANNING EVENT:** St. Mary Knights of Columbus are offering a web event on March 7 at 7:00 p.m. Ed Slott, an IRA expert, will speak at this informative webinar. All are invited. View at home by registering online, or come to St. Mary parish center to view on our big screen TV. Questions? Call Mike Tracey at 608-751-0233.

AN **EVENING** OF **MUSIC** & **REFLECTION:** Dan Schutte, Friday, March 10 at 7:00 p.m. at Queen of the rosary Chapel at Sinsinawa Mound Center. You've been singing Dan's beloved melodies for years and now he wants to share his love of God with you. Dan weaves stories, prayer and reflection with song, inviting all into a deeper relationship with God. Some of Dan's songs include Here I Am, Lord, City of God, You Are Near, Though the Mountains May Fall. Please bring your family and friends for this wonderful evening. Free will offering accepted



ROSARIES NEEDED AT ST. **JOSEPH:** St. Joseph Knights of Columbus have rosaries available for use in church or to take home if they wish. This Rosary ministry has been quite successful and, as a result, the Knights are seeking to obtain more rosaries. If you have rosaries that you receive in the mail, or have stashed in a drawer that are not being used. we would love to have them. Please place them in the marked box at St. Joseph church lobby or bring them to the parish office at St. Mary. The Knights of Columbus will

happily get them into the hands of those who will use them. Thank you!

#### ST. MARY RUMMAGE SALE:

**June 22-25:** It's back and we're hoping better than ever! All gently used or brand new donations can be brought to St. Mary anytime the parish center is open (or call Vicki at 608-449-6530). We accept most everything that is *clean, non-broken and in good working condition.* 

Items we **<u>CANNOT</u>** accept:

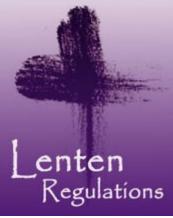
- Upholstered Furniture
- Mattresses
- Cribs with Drop Sides
- Car Seats
- Computer Hardware & Accessories
- Old TVs
- Chemicals
- Paint
- Tires
- Undergarments



Ash Wednesday February 22

Lent 2023 begins with the observance of Ash Wednesday on February 22. The Catholic Church asks each member to preserve the penitential character and purpose of Lent by attending to the following fast and abstinence regulations.

#### Lent Fasting and Abstinence Rules for Catholics



- Catholics who have celebrated their 14th
  birthday are bound to abstain from meat on Ash
  Wednesday and all Fridays in Lent, including Good Friday.
- Catholics who have celebrated their 18th birthday and are under 59 years of age are bound to fast on Ash Wednesday and Good Friday.
- \* Ash Wednesday and Good Friday Fasts: Only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted. When health or ability to work would be seriously affected, the law does not oblige.
- \* Catholics should not lightly excuse themselves from these prescribed minimal penitential practices.



#### ASH WEDNESDAY SERVICES Wednesday, February 22

St. Mary, Milton	8:30 am Mass w/Ashes 4:30 pm Ash Service Only
St. Joseph, Edgerton	4:00 p.m. Liturgy w/Ashes 6:30 p.m. Mass w/Ashes



BEST LENT EVER: What would happen if you spent the next 40 days creating as many Holy Moments as possible? In fact, lets find out what would happen if our entire parish davs spent the 40 of Lent collaborating with God to create moments of kindness, goodness, and compassion wherever we go. BEST **LENT EVER** is a powerful program Dynamic Catholic from offered Marv's through St. Flocknote subscription. It's incredibly simple and completely free. You will receive daily emails to inspire you to explore your potential, and show you how to create Holy Moments all across your Plus these videos will enhance life. *reading scripture daily!* There's no doubt that if we spend this Lent creating Holy Moments we will become more open to God and find greater meaning and purpose in our lives. But if we do it all together, each of us doing our part to unleash a domino effect of goodness throughout our community...there's no telling how much impact it could have. Join us this Lent to find out! https:// StMaryMilton.flocknote.com/ BestLentEver

#### **STATIONS OF THE CROSS**

• AT ST. MARY: Held at 6:30 p.m. every Monday during Lent at St. Mary. We will begin Monday, February 27 and will continue each Monday, through March 27.

• AT ST. JOSEPH: The Knights of Columbus will lead the Stations of the

Cross every Thursday through Lent at 6:30 p.m. Please join them for this special devotion.

CHECK OUT ST. MARY FACEBOOK PAGE: Each day we post new content to St. Mary's Facebook page... Just a quick snippet to start your day. Check us out! Share the content with your friends. Be sure to check in on Tuesday's for fun questions to answer on Trivia Tuesday! Access to St. Mary Facebook page: <u>https://</u> www.facebook.com/profile.php? id=100064753954137 or access from St. Mary website: saintmarymilton.org

#### DIOCESE OF MADISON ANNUAL CATHOLIC APPEAL 2023 "Trust in the Lord with all Your Heart"

The theme for the 2023 Annual Catholic Appeal of the diocese of Madison is "Trust in the Lord with all Your Heart." Taken from Proverbs 2:3, this biblical verse reminds us that God indeed holds us in His Heart and that we need to place our trust in Him, especially in times of difficulty and change.

Each pledge to the annual Catholic Appeal supports the many programs, resources and services that the Diocese sponsors, offering hope, help and healing in countless ways. In all that we do, the Gospel transforms, the sacraments sanctify and our charity blesses.

This year we ask that you prayerfully consider making a pledge, payable over six months. Your gift will help enable our parish and the diocese to reach its goal and provide to the ministries supported by the appeal.

If you received your pledge form in the mail, please complete it and mail it back.

Thank you for your prayerful consideration and generous response.

#### **Prayer of the Faithful**

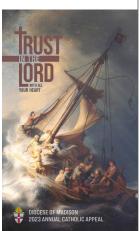
May we all join in prayer to support this year's Annual Catholic Appeal and all the ministries it funds in the Diocese of Madison, as we continue to answer God's call to *trust in Him with all of our heart*... We pray to the Lord.



#### **Unfailing Love: Hugs From Heaven**

All are invited to join Colleen and I in Janesville at Nativity of Mary's Church Hall on Monday, February 20 at 7:00 p.m. We'll share continued conversations and memories. Bring a photo of you with your loved one! *sabrina*  $\clubsuit$ 

sabrina.elsen1@gmail.com



BE A SPIRITUS MISSIONARY: Do you know a young adult who lives out their faith and is eager to share it with others? SPIRITUS Ministries is looking for Catholics age 19-29 who want to grow in leadership, holiness and inspire the next generation of youth to live out their Catholic faith. As a SPIRITUS missionary, you'll live in community by gender, travel to schools and parishes throughout Wisconsin, and inspire 5,000+ youth in grades 2-12 through retreats. Missionaries receive one-on-one mentoring, spiritual direction, food, lodging, monthly allowance, health insurance, and a \$3,000\* completion There is no fundraising stipend.

required.For more info visit:spiritusministries.org/beamissionaryWant a taste of Missionary life?Register for a Come & See Weekend!EmailSarahatrecruiter@spiritusministries.orgOrgive us a call at (920) 722-8918 tolearn more!

SATURDAY MASS TIME CHANGE MARCH 4<sup>TH</sup> ST. JOSEPH 5:45 PM ST. MARY 4:00 PM





**LOVE BEGINS HERE** for Middle and High Schoolers! Both age groups will be overnight retreats, packed with service to others and fellowship with area Catholic youth. Registration is OPEN now and closes April 14. Financial Aid is available through the Diocese.

MS1 : June 7 - 9 \*\* St. Cecilia, Wisconsin Dells MS2 : June 12 - 15 St. Joseph, Dodgeville HS1 : June 18 - 23 Watertown Catholic HS2 : June 25 - 30 \*\* St. Francis Xavier, Cross Plains MS3 : July 5 - 7 St. Francis Xavier, Cross Plains HS3 : July 9 - 14 \*\* St. John Vianney, Janesville

**MS4 :** July 17 - 20 \*\* St. Charles, Cassville **HS4 :** July 23 - 28 \*\* St. Olaf, DeForest

\*\* = Lost Sheep spots available!



To register as a Lost Sheep or learn more visit <u>https://madisondiocese.org/lovebeginshere</u>

The Fellowship Committee at St. Joseph is offering financial endowments to offset the cost of the registration fees. The award will be presented to the participant after the completion of the LBH mission. Please contact Laura in the office if you are interested or have questions.

**BULLETINS MAILED HOME:** Would you or someone you know benefit from having our weekly bulletin mailed to your home? If so, please contact:

- St. Mary: Vicki at 608-449-6530 or email victoria.kersten1@gmail.com
- St. Joseph: Laura at 608-884-3038 or email <u>admin@stjoeedgerton.org</u>
  Church News

**DISCERNMENT FOR WOMEN:** Catholic Single Women age 20-23 are invited for a St. Clare & Eucharist Discernment Zoom on March 1 from 6:30-8:30 p.m. with the Franciscan Sisters of Christian Charity (based in Manitowoc). Register at <u>https://fscccalledtobe.org</u>. Call or text Sister Julie Ann at 920-323-9632 with questions and concerns.

PARISH MISSION IN EVANSVILLE: Join us St. Paul Parish in Evansville on February 26 and 27 at 7:00-8:30 p.m. both evenings, for a FREE parish mission with speaker Nick De La Torre! Souls of all ages are invited to attend this inspirational two-evening event with topics including: Reasons to Believe, Jesus as the Lord of our Lives, The Value and Importance of being Catholic, and more! We will conclude the second evening with Adoration of the Blessed Sacrament. For more details and information on the event, please contact Amanda Adams at:

formation@rockcountycatholic.org.

THANK YOU! THANK YOU! A very special thank you to all who generously supported the Wisconsin Right to Life billbard located next to Culver's on Milton Avenue. Your donations of \$521.50 made it possible! May our dear Lord bless you for your generosity, your support, and for your faithfulness. Continue to pray for the Sanctity of All Life from Conception to Natural Death With an End to Abortion.

#### Pray the MEMORARE

Remember most gracious virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen **Our Lady of Guadalupe, protectress** of the unborn, pray for us!



A Mote from Our Pastor ...

Ash Wednesday is this week. Please plan to join us ÷ for the start of this joyful and holy season, a time of encountering the Lord. Let us remember the opportunity to fast. Next weekend we will conduct



a short time of Eucharistic Adoration at the end of Mass, as we did at the start of Advent.

#### Fr. David



ARE **INVITED!** Magnificat Morning of Reflection for Women A lenten event. sponsored by Schoenstatt Schoenstatt Mothers Mothers League of Madison

Diocese

- When: Saturday, March 4th, 2023 -8:00 a.m. - 12:30 p.m.
- Where: 5901 Cottage Grove Rd., Madison

Featuring guest speaker Aruna Halala Theme: Cast Out Your Nets;

Holy Mass with Fr. Mark Niehaus; Light breakfast To register, use Link or QR Code. \$30.00 Cash or checks



payable to Schoenstatt at door. Call Michelle Amend with questions: 608-333-2782

**TEC Retreat Coming to St. Cecilia** Wisconsin Dells: The start date is March 17 at noon until March 19 at 3:30 p.m. TEC (Together Encountering

Christ) is centered on the Paschal Mystery of Christ. Our Shepherd Bishop Donald Hying has also Go Make Disciples centered his initiative on that same theme. TEC is especially designed to help us grow in our love for Christ and our Holy Catholic Church. It is an amazing experience for the young at heart who 15 of are vears age or Regardless of your present older. walk in our Catholic Faith, you will be rejuvenated. This is also a 'shout out' to those of you who have already experienced a TEC retreat and would like to help out. Fr. Eric Sternberg will be the Spiritual Director. Steve Davies the lay Director and can be reached at 608-220-2088

sdavies@saintchristopherparish.com

### Readings for Week of February 19-26

Sunday, February 19 Leviticus 19:1-2, 17-18 Psalm 103:1-2, 3-4, 8, 10, 12-13 1 Corinthians 3:16-23 Matthew 5:38-48 Monday, February 20 Sirach 1:1-10 Psalm 93:1ab, 1cd-2, 5 Mark 9:14-29 Tuesday, February 21 Sirach 2:1-11 Psalm 37:3-4, 18-19, 27-28, 39-40 Mark 9:30-37 Wednesday, February 22 - Ash Wednesday Joel 2:12-18 Psalm 51:3-4, 5-6ab, 12-13, 14, 17 2 Corinthians 5:20-6:2 Matthew 6:1-6, 16-18

Thursday, February 23 Deuteronomy 30:15-20 Psalm 1;1-2, 3, 4, 6 Luke 9:22-25 Friday, February 24 Isaiah 58:1-9a Psalm 51:3-4, 5-6ab, 18-19 Matthew 9:14-15 Sunday, February 26 Genesis 2:7-9; 3:1-7 Psalm 51:3-4, 5-6, 12-13, 14, 17 Romans 5:12-19 Matthew 4:1-11



# FOUR HOLY HABITS

Each of us is called to be holy. Here are four habits that Bishop Hying has identified that will guide you on your path to holiness.

#### SUNDAY EUCHARIST



Reclaim the Sunday Eucharist as the center of parish life

#### FAST ON FRIDAY

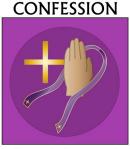


Fast from meat or spend the day with some type of penance/mortification

#### PERSONAL PRAYER



Pray and read the scriptures at least 15 minutes per day



Receive the Sacrament of Reconciliation monthly