

Saint Mary of the Immaculate Conception & St. Joseph Catholic Church

**Second Sunday of Advent
December 4, 2022**

St. Mary Parish

837 Parkview Dr.
Milton, WI 53563



Phone: 608-868-3337
After Hours Emergencies:
608-868-2338
Fax: 608-868-3345
Website: www.saintmarymilton.org
Parish Email: stmarymilton@gmail.com
Pastor:
Fr. David Wanish * 608-868-3338
David.wanish@madisondiocese.org
**Business Administrator/
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victoria.kersten1@gmail.com
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Faith Formation Admin Assistant:
Jackie Riesterer *608-868-3336
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Music Coordinator:
Doreen Houge *608-868-3335
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Liturgy Coordinator:
Lisa Meyers * 608-868-3335
lisa.meyers.sm@gmail.com
Becky Kreier * 608-868-3335
becky.kreier1@gmail.com

St. Joseph Parish

590 S. Saint Joseph Circle
Edgerton, WI 53534



Phone: 608-884-3038
Fax: 608-884-3298
Website: www.stjoeedgerton.org
Pastor:
Fr. David Wanish
608-884-3038, Option 4
David.wanish@madisondiocese.org
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Director of Facilities & Maintenance:
Jon Peterson
608-884-3038, Option 3
Evangelization Coordinator:
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ec@stjoeedgerton.org

Masses This Week

Sat. Dec. 3	4:00 p.m.	(St. Joseph) <i>St. Joseph & St. Mary Parishioners</i>
	5:45 p.m.	(St. Mary) <i>Marie Albanese</i>
Sun. Dec. 4	8:30 a.m.	(St. Mary) <i>Peggy O'Leary</i>
	10:30 a.m.	(St. Joseph) <i>Mary Linsley</i>
Mon. Dec. 5		<i>No Mass</i>
Tues. Dec. 6	8:30 a.m.	(St. Mary) <i>Frank Hines</i>
Wed. Dec. 7	8:30 a.m.	(St. Mary) <i>The Pakes & Nelson Families</i>
Thurs. Dec. 8		<i>HOLY DAY - Immaculate Conception</i>
	8:00 a.m.	(St. Joseph) <i>James Poettgen</i>
	6:30 p.m.	(St. Mary) <i>Chuck Hanauska</i>
Fri. Dec. 9	8:00 a.m.	(St. Joseph) <i>Ted & Julie Syverson</i>
Sat. Dec. 10	4:00 p.m.	(St. Joseph) <i>Mark Jacob</i>
	5:45 p.m.	(St. Mary) <i>St. Mary & St. Joseph Parishioners</i>
Sun. Dec. 11	8:30 a.m.	(St. Mary) <i>Deceased Members of the Knights of Columbus</i>
	10:30 a.m.	(St. Joseph) <i>Living & Deceased Members of Claude Radermacher and Irma Vils Families</i>

All Masses are in-person

Live-streaming available:

- St. Joseph on Saturday at 4:00 p.m.
- St. Mary on Sunday at 8:30 a.m.



Join us on Facebook to view Mass streaming live (access available from each parish website):

- St. Mary: www.saintmarymilton.org
- St. Joseph: www.stjoeedgerton.org

Pray for the Sick

Please keep these parishioners and family members in your prayers:

Rich Addie
Delores Alm

Dorothy & Ken
Bomkamp

William Burdick
William Butzke

Frank Daniels
Joyce DeMott

Bart DiMattina
Aaron Ellis

Carole Evans
Pat Finucan

Esther Folk
Jane Folk

Elizabeth Frye
Anna Furlano

Jim Furlano
Helen Goerke

Lynette Hammil
Jared Hanson

Duane
Hendricks

Bud Hoff
Nick Hoff

Bill Hupp
Don Hying

Trish Jarzynski
Marion Kaiser



Barb Keefe
Matt Keller

Kathleen Knight
Jeff Kraus

Loren Krueger
Mary Ann

Langer
Lisa Meyers

Lillian Moreno
Mary Kay

Mullen
Bob Murphy

Scot Nelson
Jeffrey Pipitone

Bill Rice
Diana Riesterer

Joe Riesterer
Phil Riesterer

Rob Rosa
Mike Ryder

Rosemary
Schafer

Kathy
Trimberger

Bob Urban
Paul Warren

Ron Yoss

Stewardship: A Way of Life

2nd Sunday of Advent

"Therefore, every tree that does not bear good fruit will be cut down and thrown into the fire."

Matthew 3:10

Do you bear good fruit for Jesus? Do you spend time in prayer or do you waste it with mindless activity? Do you use your talent to help others or are you too busy?> Do you use your treasure to support the Church or do you buy more things that go unused. Our time, talent and treasure are gifts from God. What we do with these gifts is our gift back to Him. What gifts are you planning to give to the Lord during this upcoming Christmas season?

Respect
Life 

WORD OF LIFE: "Jesus calls each of us to 'care for the other as a person for whom God has made us responsible' (EV 87). ...The encyclical *The Gospel of Life* recognizes the full range of threats against human life, from poverty and malnutrition to murder and war. Particular emphasis, however, is placed on threats to life at its beginning and end—precisely when it is most in need of protection. In modern times, children in their mothers' wombs and those approaching the end of their lives are certainly among the 'least of these' in our world's estimation."

USCCB Secretariat of Pro-Life Activities

St. Joseph Parish

This Week at St. Joseph

Sun. Dec. 4:

- 10:30 a.m. Junior Disciples
- 11:30 a.m. Donut Sunday

Tues. Dec. 6:

- 5:30-8:30 p.m. Eucharistic Adoration
- 7:00 p.m. Pastoral Council

Wed. Dec. 7:

- 3:30 p.m. Faith Formation Gr 1-5
- 6:00 p.m. Boy Scouts
- 6:30 p.m. Faith Formation Gr 6-9

Thurs. Dec. 8:

- 6:30 p.m. RCIA

Fri. Dec. 9:

- 6:30 p.m. Waltz lessons

Sat. Dec. 10:

- 8:00 a.m. Rosary - Cenacles of Life
- 3:00 p.m. Confessions

Sun. Dec. 11:

- 9:00 a.m. Family Faith Formation
- 10:30 a.m. Junior Disciples
- 11:30 a.m. Confessions
- 11:30 a.m. Breakfast with Santa

Financial Stewardship

Collection from November 27, 2022

Envelopes	2,298.00
Offertory	293.12
On-Line Giving	<u>669.00</u>
Total	3,260.12
Weekly Income Needs	5,150.00

Thank you for your continued financial support of our parish!

If you would like to contribute electronically, please sign up at <https://giving.parishsoft.com/app/giving/stjoeedgerton>



Baptism: Scheduled after weekend Masses. Baptismal Preparation Class is required. They are offered the first Sunday of March, July, and November after 10:30 a.m. Mass

Marriage: Please contact the priest at least 6 months prior to the wedding date.

Reconciliation: Every Saturday at 3:00 pm before 4:00 pm Mass and the second and third Sunday after 10:30 am Mass.



Please keep these parishioners and family members in your prayers.

Gracie

Theresa Amundson

Fran Barrett

Lois Bongle

Betty Bosben

John Bovard

Larry Burns

Joan Chesmore

Pat Chiumenti

Donna Dahl

Sue Dahms

Grace Farrington

Judy Fugate

Mya Harwood

Rosie Hatlen

Linda Hatton

Julie Hoff

Marge Hollenberger

Marian Jacob

Christian Kelsey

Robert Koch

John Kociolek

Annanell Krausse

Annette Nagle

Jeanne N.

Marilyn Nielsen

Maureen Plautz

John & Mary Pratt

Jane Raatz

Elliot Rademacher

Bob (Seamons)

Siemienkowicz

Jacinta Tinoco

Serrano

S. Severson

Sonja P.

Pat Spray

Frank Vogl

Darnell Ziegler

St. Mary Parish

Financially Speaking

Collection From Last Week (November 27, 2022)

Weekly Income Needs	7,788.00
<i>based on income from budget</i>	
Envelopes	4,828.00
Offertory	94.26
ACH & On-Line Giving	720.00

Fiscal Year-To-Date Contributions

YTD Envelopes & ACH	170,136.09
YTD Offertory	3,610.05

Collection from last year (November 28, 2021)

Envelopes	5,595.00
Offertory	148.00
ACH & Online Giving	610.00

THANK YOU FOR YOUR CONTINUED SUPPORT OF OUR PARISH!

This Week at St. Mary Parish

Sun. Dec. 4:

- 8:15-10:30 a.m. Family Ministry class
- 8:30 a.m. Seeds

Mon. Dec. 5:

- 10:30 a.m. Belles Christmas Party

Tues. Dec. 6:

- 4:00 p.m. K-6 class
- 5:00 p.m. Confessions

Wed. Dec. 7:

- 9:00 a.m. Eucharistic Adoration
- 4:00 p.m. K-6 Class
- 5:00 p.m. St. Monica's Circle will meet at Frederick's Supper Club for their Christmas party
- 6:00 p.m. Liturgy Commission

Sat. Dec. 10:

- 9:00-11:00 a.m. CCW Cookie Walk

Sun. Dec. 11:

- 8:15-10:30 a.m. Youth Ministry class
- 8:30 a.m. Seeds
- 5:30-7:30 p.m. Youth Ministry class

Welcome New Parishioner

- *Patricia Biermeier*

In Sympathy:

Heartfelt sympathy to the family and friends of those who recently died:

- ***Eileen Pins*** mother of ***Lou Pins***

*Special THANK YOU to
parishioners Gail & John Nordlof
for the donation of altar wine at
St. Mary Parish.*

Northleaf Winery, LLC
232 S Janesville Street
Milton Wisconsin 53563
608-580-0575
fax 608-580-0576

www.northleafwinery.com
info@northleafwinery.com



Eucharistic Adoration at St. Joseph & St. Mary

ST. JOSEPH

EUCCHARISTIC ADORATION:

† **Tuesday, December 6**
5:30-8:30 p.m.

ST. MARY

EUCCHARISTIC ADORATION:

† **Wednesday, December 7**
after 8:30 a.m. Mass

*As we adore Jesus, please also ask for his help
in our two parishes' evangelization efforts.*



BELLES OF ST. MARY... PLEASE

NOTE: The Belle meeting will begin at **10:30 a.m.** Our Christmas potluck event takes place that morning with several of our honorary members coming. Please bring your food item (s) to the parish center prior to the 10:30 start. We will plan to eat about 11:15 a.m. If you are thinking about joining the Belles, this may be the meeting you will want to attend.

ROSARY AT ST. MARY ON MONDAY

MORNINGS: Our rosary group is still going strong. The rosary will be said outside by Our Lady (corner of Parkview and St. Mary St.) at 11:00 a.m., weather permitting. Time commitment is only 15 minutes. Please bring your own chair. If raining or other bad weather, we will meet inside church. The rosary is also recited immediately following Mass every Tuesday and Wednesday. On



Wednesday we follow the rosary with Divine Mercy Chaplet. Won't you join us?

BLESS OUR PRIESTS COLLECTION:

Next Weekend! Please take advantage of this opportunity to offer support to the retired priests of our diocese by helping provide for their retirement needs. Your donation will help serve those who have faithfully served us! Thank you!

Prayer of the Faithful

*"For the retired priests of our diocese,
that they may experience peace and joy
in their retirement for the countless
years of service they have provided.
Let us pray to the Lord."*

Sanctuary Candle at St. Joseph:

is burning this week

*In Memory of
Sis & Joe Drew*



MILTON KNIGHTS OF COLUMBUS CHRISTMAS PARTY: A reminder that the annual KC Christmas Party is Sunday, December 11 from 5:00-8:00 p.m. at The Gathering Place in Milton. Knutes Catering is providing the buffet dinner. Cost is \$30 per person, pay at the door. Cash bar available, with dinner served at 6:00 p.m. For the gift exchange, bring a gag gift valued at no more than \$5, wrapped in newspaper. There are also 5 raffle drawings of \$25 each. RSVP to Mike Tracey by **December 5** at 608-751-0233 or mtracey5@outlook.com. St. Mary parishioners and KC members are invited!

ST. MARY MILTON KC SCOOPIE LUNCH: Sunday, December 11 from 11:00 a.m-2:00 p.m. help support our KCs by buying lunch at Culver's on Milton Avenue in Janesville.

CHRISTMAS WALTZ DANCE INTRODUCTION! Impress everyone at your company or family Christmas party by dancing the Waltz! Christmas music is mostly in '3/4 time', which is 'code' for Waltz! Dance to your favorite songs: White Christmas, Away in a Manger, The First Noel, Silent Night, Silver Bells, and more! And it won't take weeks to master. With two introductory Waltz dance lessons Friday, December 9 and



Friday, December 16 starting at 6:30 p.m. you will be traipsing across the dance floor with confidence and style. No prior Waltz experience is necessary. Lessons are free, and any age is welcome. Come with your partner...or by yourself – we teach lessons either way. Contact Michael and Tracy at 309-229-0929 to sign up. We look forward to seeing you at St. Joseph-Edgerton!

EUCHRE TOURNAMENT
Hosted by Knights of Columbus
December 17
St. William Parish Hall
1822 Ravine
Janesville, WI

Entry Fee: \$10
Registration: 5:15 p.m.
Cards: 6:00 p.m.
Door Prizes and 50/50 Raffle

Beverages and sandwiches
available for purchase.

All are welcome, singles or couples
*All net proceeds will go toward council
for local charities*

For more information contact
Tim Walleser * 608-728-2419
OR
Edwin Heflin * 608-563-1301



ROCK HAVEN: The deadline to return gifts for Rock Haven residents to St. Mary Milton is this weekend **SUNDAY, DECEMBER 4.** Thank you to all those who took an envelope or two and participated!



our long-term residents. Most can't get out anymore and really look forward to a small gift. Please take a tag...or 2...and let them know that they haven't been forgotten. The Care Center requests the items be placed in gift bags only (no wrapped boxes), attach the tag and **return by December 18th.** Thank you, so much and Merry Christmas.

CRIB FOR LIFE: St. Mary Knights of Columbus are collecting a wish list of items to benefit the Janesville Pregnancy Helpline. A crib will be in the Gathering Space from December 1-15 to collect donations: diapers (any size but esp. 3, 4, 5, 6) wipes, bottles, sippy cups, infant bath towels and wash cloths, infant socks to size 2T, potty training seats, training underwear, diaper cream, baby wash, shampoo, lotion, safety items like drawer latches, outlet covers, etc) board books.

MEALS ON WHEELS—ST. JOSEPH: Meals on Wheels Delivery December 19 – January 15. It takes about 30-45 minutes to deliver. All the meal deliveries are within the city limits of Edgerton. Pick up the meals at Edgerton Care Center at 11:00 am. If you can help for 1 day or more, please call Mary Barrett at 608-921-5912. Thank you!

EDGERTON OUTREACH COLLECTION AT ST. JOSEPH: Next weekend, December 10-11, St. Joseph will hold a second collection for the Edgerton Community Outreach. ECO provides a meal for a family of four through the Piggly Wiggly on Christmas Day for about \$15. Any amount you can donate is welcomed. Thank you for your generosity and Merry Christmas!

EDGERTON CARE CENTER TREE at ST. JOSEPH: The Edgerton Care Center Christmas tree is now in the vestibule with tags for presents for





“Lights for Loved Ones” at St. Mary, Milton

This Christmas, remember family, friends and all those we love and miss in a special way by including their names in a place of honor by our Christmas tree in the Gathering Space, as well as in the bulletin. The suggested donation is \$10 for each memorial, but any amount will be accepted. Contributions will be used to purchase poinsettias and live trees to decorate our church for the Christmas season.

Forms are available in the Gathering Space and will be accepted through **THIS SUNDAY—December 4**. Questions? Call Becky at 608- 868-3335 or email at: becky.kreier1@gmail.com

**IMMACULATE
CONCEPTION
DECEMBER 8**

MASSES

St. Joseph 8:00 am

St. Mary 6:30 pm



DIOCESAN CONTACT PERSON

NEEDED: Do you get distracted by the cute smiles and coos of babies at Mass? You are not alone! We are looking for someone to serve as a point of contact for new parents and/or young families in our parish. Perhaps that is you. The goal for this volunteer position could include any of the following: connecting new parents with other families or existing family events in the parish, welcoming new parents who come to the parish seeking Baptism for their child, share parenting resources, set up meal trains for expecting mother, or more! You don't need any experience whatsoever. If you're interested, let's chat about the gifts that you bring to the table and how we can serve new parents and young families. Contact the parish office or Amy Klarkowski at the Office of Marriage and Family for more information. Amy can be reached at amy.klarkowski@madisondiocese.org

EUCCHARISTIC REVIVAL: AN

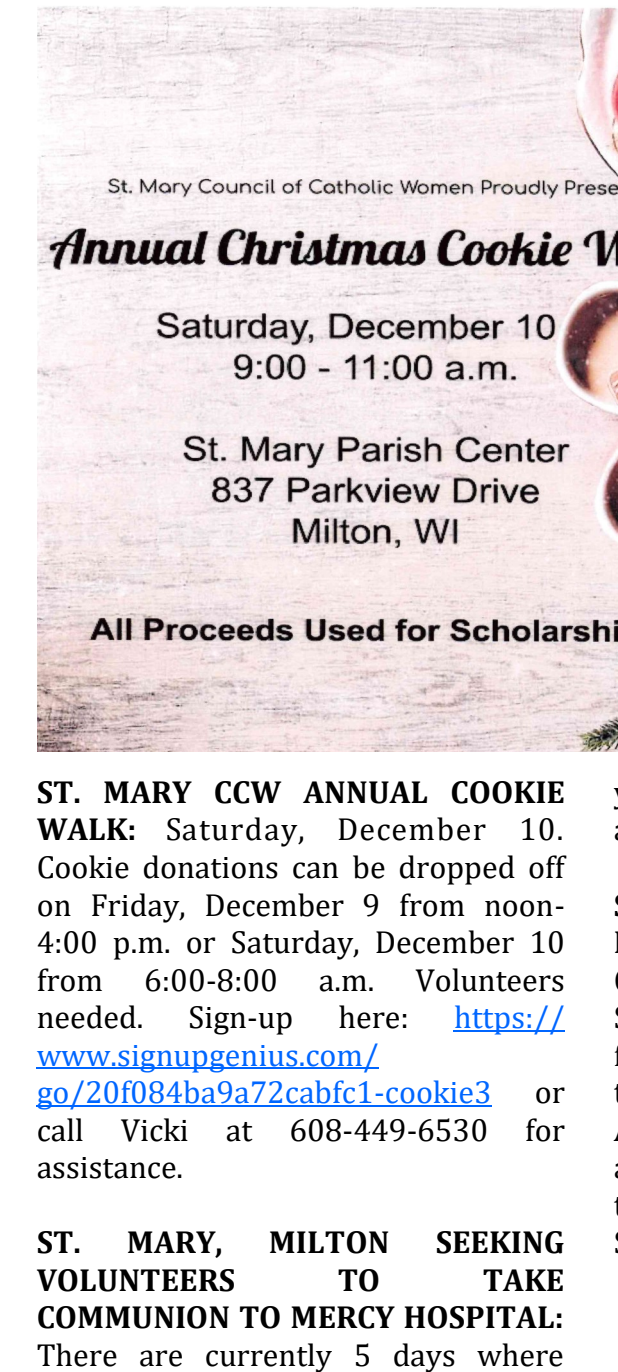
EXCITING EXHIBIT! Immaculate Heart of Mary Parish in Monona will host an exhibit about Blessed Carlo Acutis' **Eucharistic Miracles of the World**. Carlo Acutis was a boy from Milan, Italy, who had a great love for the Lord, the Eucharist, computers and the internet, hiking and other activities. Because of his love for Jesus in the Holy Eucharist, he gathered

information of all the recorded Eucharistic Miracles from around the world and catalogued them into a website. He finished his work in 2005. A year later, Carlo died at the age of 15 from leukemia. He was beatified in 2020. Since that time, a traveling exhibit of panels has been developed, using the information he catalogued. The **Eucharistic Miracles of the World** panels will be on display at IHM, 5101 Schofield St, Monona, from December 8-10 9:00 a.m. - 7:00 p.m. and December 11 8:00 a.m. - 3:00 p.m. A Relic of Blessed Carlo Acutis will accompany the exhibit - you won't want to miss this exciting display!

SSM LIGHTS OF LOVE: You are invited to attend the SSM Health St. Mary Hospital-Janesville Lights of Love program on Sunday, December 4 at 4:00 p.m. The 1-hour program will be held at the St. Mary Hospital Prairie Cafe. In addition to lighting the Christmas tree, the Nativity story will be re-told and familiar Christmas songs will be sung by local community members. This beautiful program has become a tradition at the hospital and enjoyed by many people.

*"Life is like a 10-speed bicycle.
Most of us have gears we
never use."*

*Charles M. Schulz
"Peanuts" Creator*



St. Mary Council of Catholic Women Proudly Present:

Annual Christmas Cookie Walk

Saturday, December 10
9:00 - 11:00 a.m.

St. Mary Parish Center
837 Parkview Drive
Milton, WI

All Proceeds Used for Scholarships

ST. MARY CCW ANNUAL COOKIE WALK: Saturday, December 10. Cookie donations can be dropped off on Friday, December 9 from noon-4:00 p.m. or Saturday, December 10 from 6:00-8:00 a.m. Volunteers needed. Sign-up here: <https://www.signupgenius.com/go/20f084ba9a72cabfc1-cookie3> or call Vicki at 608-449-6530 for assistance.

ST. MARY, MILTON SEEKING VOLUNTEERS TO TAKE COMMUNION TO MERCY HOSPITAL: There are currently 5 days where volunteers are needed to take communion to Mercy Hospital. Can

you help? Please call Clarence Lornson at 608-289-7085.

SMALL GROUP AT ST. MARY IN DECEMBER: "With Jesus", Small Group will meet the first three Sunday's in December immediately following Mass in the cry area. The topic of discussion is the Little Blue Advent Books. Pick-up your copy at any of the church entrances and join the group for their first meeting on Sunday, December 4.

You are invited...
St. Mary Faith Formation
Elementary Christmas Reflections

Tuesday, December 13 @ 4:30PM
Wednesday, December 14 @ 4:30PM

"O What a Glorious Night!"



FREE PANCAKE BREAKFAST & PICTURES with SANTA AT ST. JOSEPH!



St. Joseph Knights of Columbus invite you to enjoy a hearty breakfast with Santa on Sunday, December 11. Have your picture taken with Santa and have some family fun. Breakfast runs

from 11:30 a.m. – 1:30 p.m. in the Parish Hall. There is no charge, however, a free will offering is gratefully accepted.

CAN YOU HELP MOMS IN NEED? The *Walking with Moms in Need* initiative in our diocese and all over the US aims to assist pregnant and parenting moms who could use help. The diocese provides simple instruction. Direct moms to local assistance, social services, material resources. Maybe you are a mother or a nurse or maybe not. We want every Catholic parish to have a contact person. If you can help, contact Fr. David.

TEC RETREAT COMING TO ST. DENNIS MADISON:

The start date is Wednesday, December 28 at Noon and ends Friday, December 30 at 3:30 p.m. TEC (Together Encountering Christ) is centered on the Paschal Mystery of Christ. Our Shepherd Bishop Donald Hying has also centered his 'Go Make Disciples' initiative on that same theme. TEC is especially designed to help us grow in our love for Christ and our Holy Catholic Church. It is an amazing experience for the young at heart who are 15 years of age or older. Regardless of your present walk in our Catholic Faith, you will be rejuvenated. This is also a 'shout out' to those of you who have already experienced a TEC retreat and would like to help out. Fr. Randy Timmerman will be the Spiritual Director. Marnie Harrington is the lay Director and can be reached at mharrington555@yahoo.com or 608-577-7489. Online or paper applications and more information about TEC can be found at www.MadisonDiocese.org/TEC or contacting Marie Lins at the OEC at 608-821-3135.

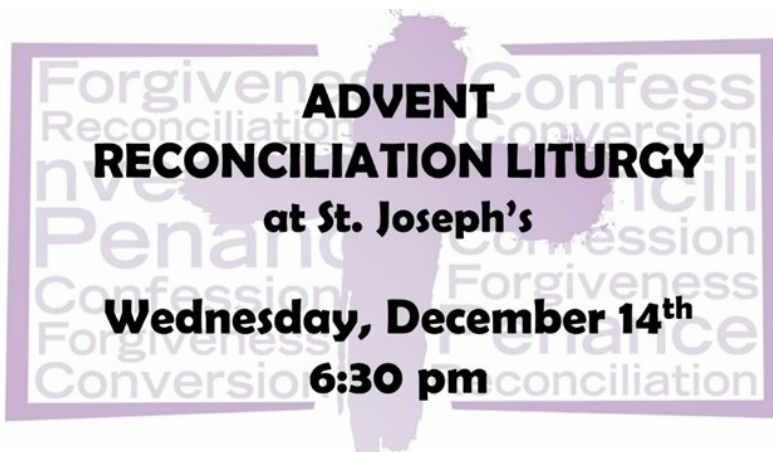
BULLETINS MAILED HOME: Would you or someone you know benefit from having our weekly bulletin mailed to your home? If so, please contact:

- **St. Mary:** Vicki at 608-449-6530 or email victoria.kersten1@gmail.com
- **St. Joseph:** Laura at 608-884-3038 or email admin@stjoeedgerton.org



Advent Week 2: Purple Advent Candle, FAITH

The second candle to be lit is also a purple candle. This candle symbolizes faith and the journey of Joseph and Mary to Bethlehem. It calls you out to prepare the way of the Lord.



FORMED.ORG—THE EUCHARIST: It looks like bread and wine, yet it is called the Real Presence of Jesus. It is also called the Eucharist, but many Catholics would struggle to explain what that word means. What do Catholics really believe about the Body and Blood, and why has it become the center point of the Catholic Mass? Find out as you watch Dr. Edward Sri on the video *The Eucharist* on Formed.org.

Scan the QR code to connect →→→

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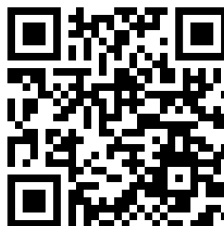
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A Note from Our Pastor ...



- ✦ Prepare Ye the Way of the Lord! Advent Reconciliation (Confession) liturgy, for members of both parishes, is at St. Joseph-Edgerton on Wednesday, December 14 at 6:00 p.m. I hope you can come. There will be five priests to hear confessions.
- ✦ The St. Mary pastoral council and I discussed the new building project, the one we expected will cost \$4 million, the one for which we started fundraising last spring and then halted with the awareness of *Into the Deep*. We decided to delay any decision to resume fundraising until July, when the new group of priests starts ministering in the new grouping of parishes. The decision will depend on factors involving all churches of the new cluster.
- ✦ Bishop Hying has published a list of goals for the diocese regarding *Into the Deep*, and one of them is reclaiming the Sunday Eucharist as the center of parish life. Let us begin now! I'd like us all to have a common background of church teaching on the Eucharist, and so I'm asking all of us to view a video on [formed.org](https://www.formed.org) (we all have a free subscription). Type "The Eucharist" in the search engine, and select the video with that title which runs 18 minutes and 50 seconds. The lead presenter is Edward Sri. It is episode #2 of a series called "Symbolon for Teens."

Fr. David

Into the Deep Website:

<https://www.intothedeepmadison.org/>

Frequently Asked Questions (FAQ) relating to Into the Deep:

<https://www.intothedeepmadison.org/faq>

Provide Feedback for Into the Deep until December 11: (Note that each

feedback sent will receive a personalized response):

<https://www.intothedeepmadison.org/provide-feedback-specific-to-proposed-parish-model>



Readings for Week of December 4-11

Sunday, December 4

Isaiah 11:1-10

Psalms 72:1-2, 7-8, 12-13, 17

Romans 15:4-9

Matthew 3:1-12

Monday, December 5

Isaiah 35:1-10

Psalms 85:9ab, 10, 11-12, 13-14

Luke 5:17-26

Tuesday, December 6

Isaiah 40:1-11

Psalms 96:1-2, 3, 10ac, 11-12, 13

Matthew 18:12-14

Wednesday, December 7

Isaiah 40:25-31

Psalms 103:1-2, 3-4, 8, 10

Matthew 11:28-30

Thursday, December 8

Genesis 3:9-15, 20

Psalms 1, 2-3ab, 3cd-4

Ephesians 1:3-6, 11-12

Luke 1:26-38

Friday, December 9

Isaiah 48:17-19

Psalms 1:1-2, 3, 4, 6

Matthew 11:16-19

Sunday, December 11

Isaiah 35:1-6a, 10

Psalms 146:6-7, 8-9, 9-10

James 5:7-10

Matthew 11:2-11



FOUR HOLY HABITS

Each of us is called to be holy. Here are four habits that Bishop Hying has identified that will guide you on your path to holiness.

SUNDAY EUCHARIST



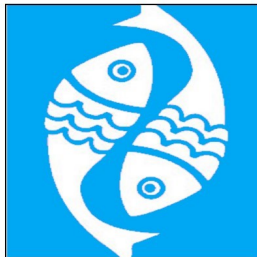
Reclaim the Sunday Eucharist as the center of parish life

PERSONAL PRAYER



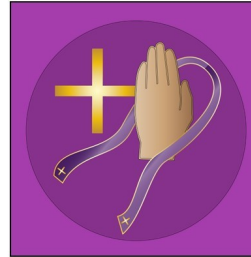
Spend at least 15 minutes per day in personal prayer

FAST ON FRIDAY



Fast from meat or spend the day with some type of penance/mortification

CONFESSION



Receive the Sacrament of Reconciliation monthly